ACF SPIRITUAL ASSESSMENT FORM FOR ______________________

Please write your response to the following statements on a scale of 1 to 10.
(1 meaning never and 10 meaning always)

SPIRITUAL DISCIPLINES: MY LIFE IN CHRIST

1. I practice regular daily quiet time with God and look forward to that time. _____
2. When making choices, I seek the Holy Spirit’s guidance first. _____
3. My relationship with Jesus Christ is motivated by love instead of fear. _____
4. I experience regular life change as a result of quiet time with God. _____
5. I always follow God’s leading when He speaks to me. _____
6. I believe that Jesus Christ is the only way to have a relationship with God. _____
7. My words and actions consistently demonstrate my relationship with God. _____
8. Peace, contentment and joy fill my life instead of worry and anxiety. _____
9. I trust the Holy Spirit to guide me through any problem or crisis I face. _____
10. I am constantly aware of God’s Presence and provision in my life. _____

SPIRITUAL DISCIPLINES: MY LIFE IN GOD’S WORD

11. I regularly read and study my Bible. (At least four times per week.) _____
12. I believe the Bible is God’s Word and provides His instructions for my life. _____
13. I evaluate today’s culture and morality by what the Bible says. _____
14. I can answer questions about life and faith with biblical answers. _____
15. I replace negative, impure or improper thoughts with what the Bible says. _____
16. I demonstrate honesty in my actions and conversations. _____
17. When the Bible exposes an area of my life needing change, I respond by following the Bible. _____
18. I live my life in accordance with the Bible whether I’m with other ACFers or not. _____
19. I use the Bible as a guide for the way I think and act. _____
20. I study the Bible for the purpose of discovering truth for daily living. _____

SPIRITUAL DISCIPLINES: MY PRAYER LIFE

21. I pray more about discerning and doing God’s will than praying about my needs. _____
22. I trust God to answer me when I pray and wait patiently on His timing. _____
23. My prayers include thanksgiving, praise, worship, confession, requests, and intercession. _____
24. I continue to see growth in my prayer life and expect it to continue. _____
25. I spend time each day in praise and worship. _____
26. I maintain an attitude of prayer throughout the day. _____
27. Regular participation in group prayer characterizes my prayer life. _____
28. I believe my prayers impact my life and the life of those I pray for. _____
29. I pray because I am totally dependent on God for everything in my life. _____
30. I pray for at least 10 minutes every day. _____
SPIRITUAL DISCIPLINES: MY LIFE AT ACF

31. I attend weekend services at ACF. ___
32. I have a high commitment to an ACF small group and seldom miss a meeting. ___
33. I have someone from ACF in my life that holds me accountable for my actions. ___
34. I admit errors in my relationships and seek forgiveness from those I hurt. ___
35. I forgive others when their actions harm or hurt me. ___
36. I place the interests of others above my self-interest. ___
37. I am gentle, kind, forgiving and gracious towards others. ___
38. I receive feedback from others that helps me discover areas for growth. ___
39. I encourage others by focusing on their strengths instead of their weaknesses. ___
40. My time commitments to ACF and others demonstrate that I value relationships with others over my work/career/hobbies. ___

SPIRITUAL DISCIPLINES: MY WITNESS TO THE WORLD

41. I regularly share my faith in Jesus Christ with non-believers. ___
42. I regularly pray for the non-believers I know. ___
43. I make my faith known to my neighbors, friends, employers and employees. ___
44. I intentionally maintain my relationship with non-believers for the sake of sharing my faith with them. ___
45. When confronted about my faith, I remain consistent in my testimony. ___
46. I help others share their faith and understand how important it is to do so. ___
47. When the people I witness to have questions, I have a support group that helps me share the answers that will encourage people to believe. ___
48. I personally support (going and giving) missions efforts. ___
49. I am prepared to share my testimony at any time. ___
50. My words and actions demonstrate my commitment to the Great Commission. ___

SPIRITUAL DISCIPLINES: MY MINISTRY TO OTHERS

51. I understand my spiritual gifts and use those gifts to serve others. ___
52. I serve others without expecting anything in return. ___
53. I sacrificially contribute my finances to help others in ACF and my community. ___
54. I go out of my way to show love to the people I meet. ___
55. Meeting the needs of others provides a sense of purpose in my life. ___
56. I share biblical truth with those I serve as God gives opportunity. ___
57. I live and act as if the needs of others are as important as my own. ___
58. I expect God to use me every day in His Kingdom work. ___
59. I regularly contribute time to a ministry of ACF or another ministry. ___
60. I help others identify their ministry gifts and become involved in ministry. ___
Each line on the circle below represents ten points on each section. Please add each section’s points (totaling between 10 and 100) and fill that section in to the circle that equals the numerical equivalent. Example: After adding all the answers in section One, My Life In Christ, and getting a “72” you would fill in that section of the wheel to the seventh circle from the middle.