

ACF SPIRITUAL ASSESSMENT FORM FOR \_\_\_\_\_

Please write your response to the following statements on a scale of 1 to 10.  
(1 meaning never and 10 meaning always)

SPIRITUAL DISCIPLINES: MY LIFE IN CHRIST

1. I practice regular daily quiet time with God and look forward to that time. \_\_\_\_\_
2. When making choices, I seek the Holy Spirit's guidance first. \_\_\_\_\_
3. My relationship with Jesus Christ is motivated by love instead of fear. \_\_\_\_\_
4. I experience regular life change as a result of quiet time with God. \_\_\_\_\_
5. I always follow God's leading when He speaks to me. \_\_\_\_\_
6. I believe that Jesus Christ is the only way to have a relationship with God. \_\_\_\_\_
7. My words and actions consistently demonstrate my relationship with God. \_\_\_\_\_
8. Peace, contentment and joy fill my life instead of worry and anxiety. \_\_\_\_\_
9. I trust the Holy Spirit to guide me through any problem or crisis I face. \_\_\_\_\_
10. I am constantly aware of God's Presence and provision in my life. \_\_\_\_\_

SPIRITUAL DISCIPLINES: MY LIFE IN GOD'S WORD

11. I regularly read and study my Bible. (At least four times per week.) \_\_\_\_\_
12. I believe the Bible is God's Word and provides His instructions for my life. \_\_\_\_\_
13. I evaluate today's culture and morality by what the Bible says. \_\_\_\_\_
14. I can answer questions about life and faith with biblical answers. \_\_\_\_\_
15. I replace negative, impure or inappropriate thoughts with what the Bible says. \_\_\_\_\_
16. I demonstrate honesty in my actions and conversations. \_\_\_\_\_
17. When the Bible exposes an area of my life needing change, I respond by following the Bible. \_\_\_\_\_
18. I live my life in accordance with the Bible whether I'm with other ACFers or not. \_\_\_\_\_
19. I use the Bible as a guide for the way I think and act. \_\_\_\_\_
20. I study the Bible for the purpose of discovering truth for daily living. \_\_\_\_\_

SPIRITUAL DISCIPLINES: MY PRAYER LIFE

21. I pray more about discerning and doing God's will than praying about my needs. \_\_\_\_\_
22. I trust God to answer me when I pray and wait patiently on His timing. \_\_\_\_\_
23. My prayers include thanksgiving, praise, worship, confession, requests, and intercession. \_\_\_\_\_
24. I continue to see growth in my prayer life and expect it to continue. \_\_\_\_\_
25. I spend time each day in praise and worship. \_\_\_\_\_
26. I maintain an attitude of prayer throughout the day. \_\_\_\_\_
27. Regular participation in group prayer characterizes my prayer life. \_\_\_\_\_
28. I believe my prayers impact my life and the life of those I pray for. \_\_\_\_\_
29. I pray because I am totally dependent on God for everything in my life. \_\_\_\_\_
30. I pray for at least 10 minutes every day. \_\_\_\_\_

## SPIRITUAL DISCIPLINES: MY LIFE AT ACF

31. I attend weekend services at ACF. \_\_\_\_\_
32. I have a high commitment to an ACF small group and seldom miss a meeting. \_\_\_\_\_
33. I have someone from ACF in my life that holds me accountable for my actions. \_\_\_\_\_
34. I admit errors in my relationships and seek forgiveness from those I hurt. \_\_\_\_\_
35. I forgive others when their actions harm or hurt me. \_\_\_\_\_
36. I place the interests of others above my self-interest. \_\_\_\_\_
37. I am gentle, kind, forgiving and gracious towards others. \_\_\_\_\_
38. I receive feedback from others that helps me discover areas for growth. \_\_\_\_\_
39. I encourage others by focusing on their strengths instead of their weaknesses. \_\_\_\_\_
40. My time commitments to ACF and others demonstrate that I value relationships with others over my work/career/hobbies. \_\_\_\_\_

## SPIRITUAL DISCIPLINES: MY WITNESS TO THE WORLD

41. I regularly share my faith in Jesus Christ with non-believers. \_\_\_\_\_
42. I regularly pray for the non-believers I know. \_\_\_\_\_
43. I make my faith known to my neighbors, friends, employers and employees. \_\_\_\_\_
44. I intentionally maintain my relationship with non-believers for the sake of sharing my faith with them. \_\_\_\_\_
45. When confronted about my faith, I remain consistent in my testimony. \_\_\_\_\_
46. I help others share their faith and understand how important it is to do so. \_\_\_\_\_
47. When the people I witness to have questions, I have a support group that helps me share the answers that will encourage people to believe. \_\_\_\_\_
48. I personally support (going and giving) missions efforts. \_\_\_\_\_
49. I am prepared to share my testimony at any time. \_\_\_\_\_
50. My words and actions demonstrate my commitment to the Great Commission. \_\_\_\_\_

## SPIRITUAL DISCIPLINES: MY MINISTRY TO OTHERS

51. I understand my spiritual gifts and use those gifts to serve others. \_\_\_\_\_
52. I serve others without expecting anything in return. \_\_\_\_\_
53. I sacrificially contribute my finances to help others in ACF and my community. \_\_\_\_\_
54. I go out of my way to show love to the people I meet. \_\_\_\_\_
55. Meeting the needs of others provides a sense of purpose in my life. \_\_\_\_\_
56. I share biblical truth with those I serve as God gives opportunity. \_\_\_\_\_
57. I live and act as if the needs of others are as important as my own. \_\_\_\_\_
58. I expect God to use me every day in His Kingdom work. \_\_\_\_\_
59. I regularly contribute time to a ministry of ACF or another ministry. \_\_\_\_\_
60. I help others identify their ministry gifts and become involved in ministry. \_\_\_\_\_

Each line on the circle below represents ten points on each section. Please add each section's points (totaling between 10 and 100) and fill that section in to the circle that equals the numerical equivalent. Example: After adding all the answers in section One, My Life In Christ, and getting a "72" you would fill in that section of the wheel to the seventh circle from the middle.

